



UMC Utrecht

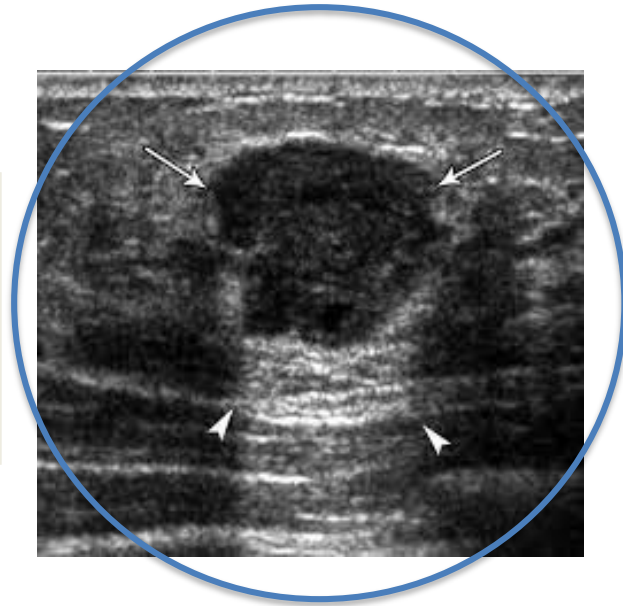
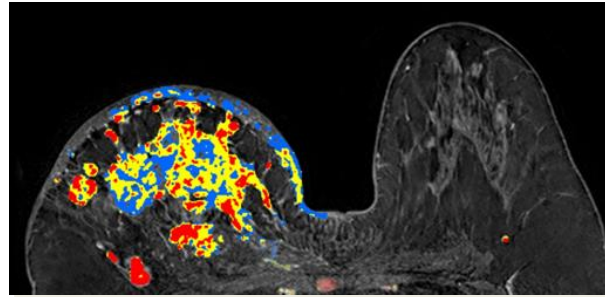
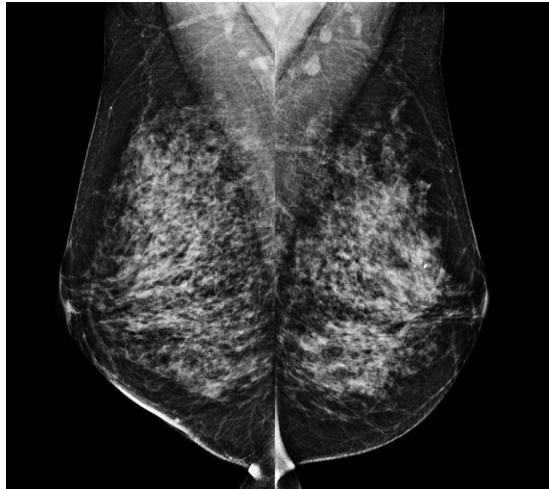
MAESTRO TRIAL – FINAL RESULTS

Gisela L.G. Menezes, MD, PhD

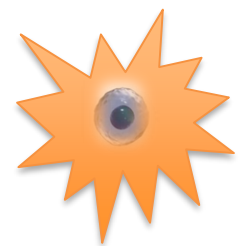


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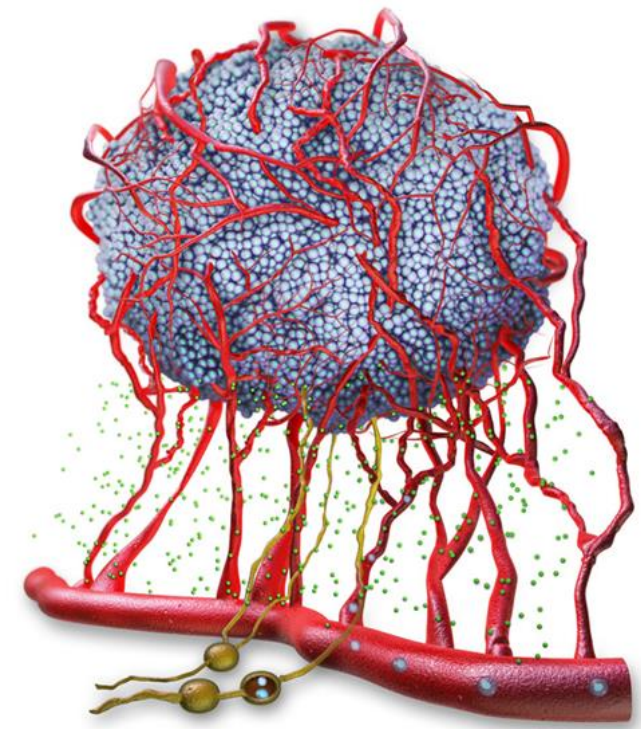
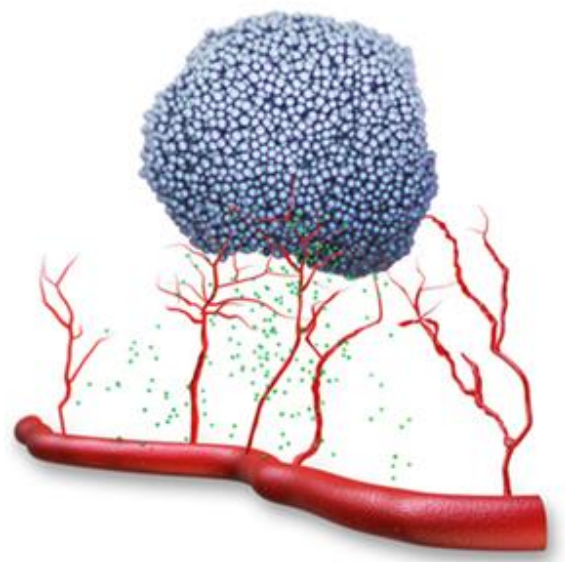
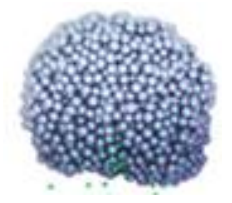
MAESTRO



Angiogenesis



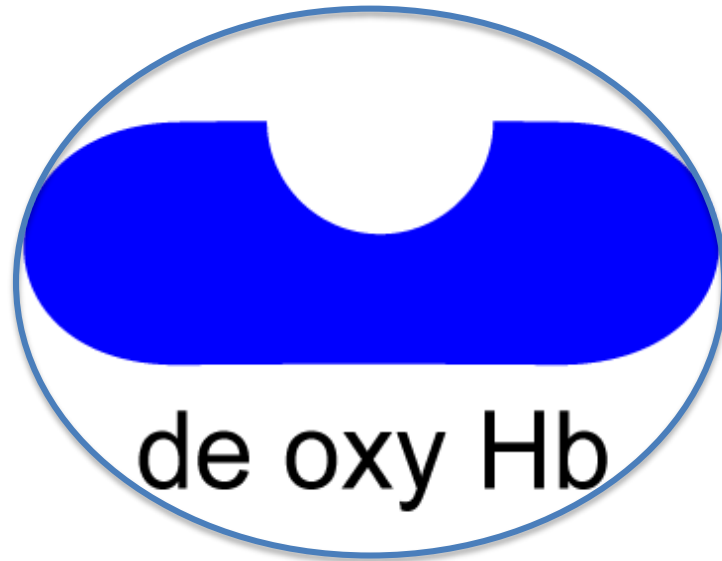
Somatic mutation



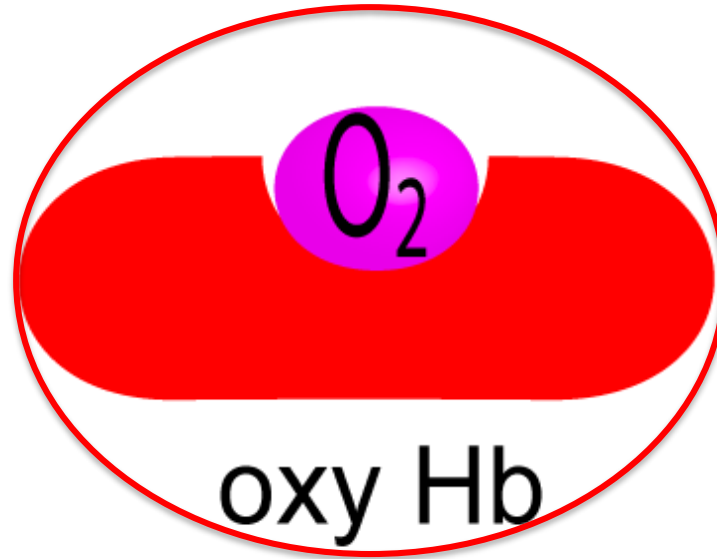
Metastasis



How does OA work?



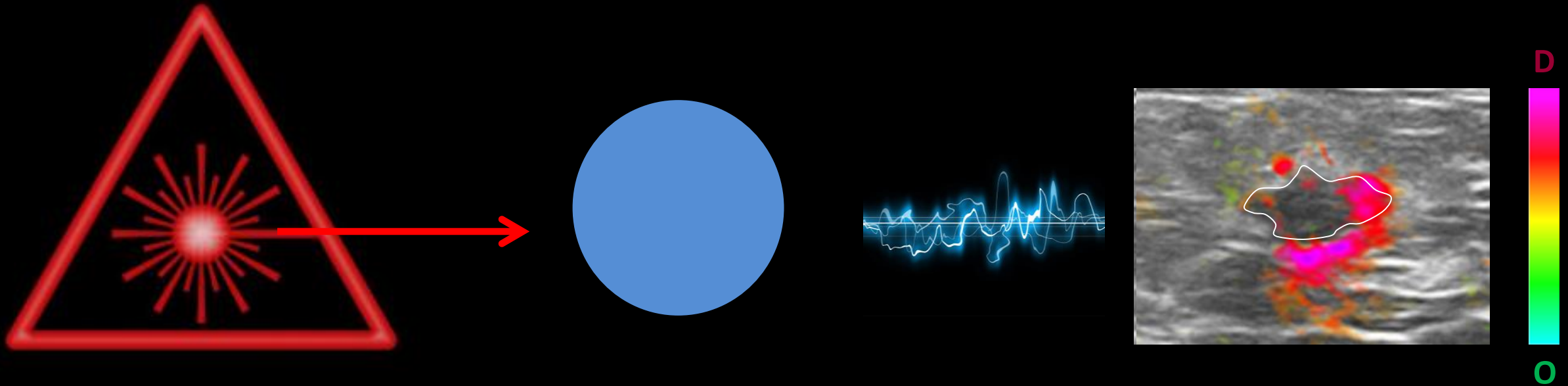
Malignant



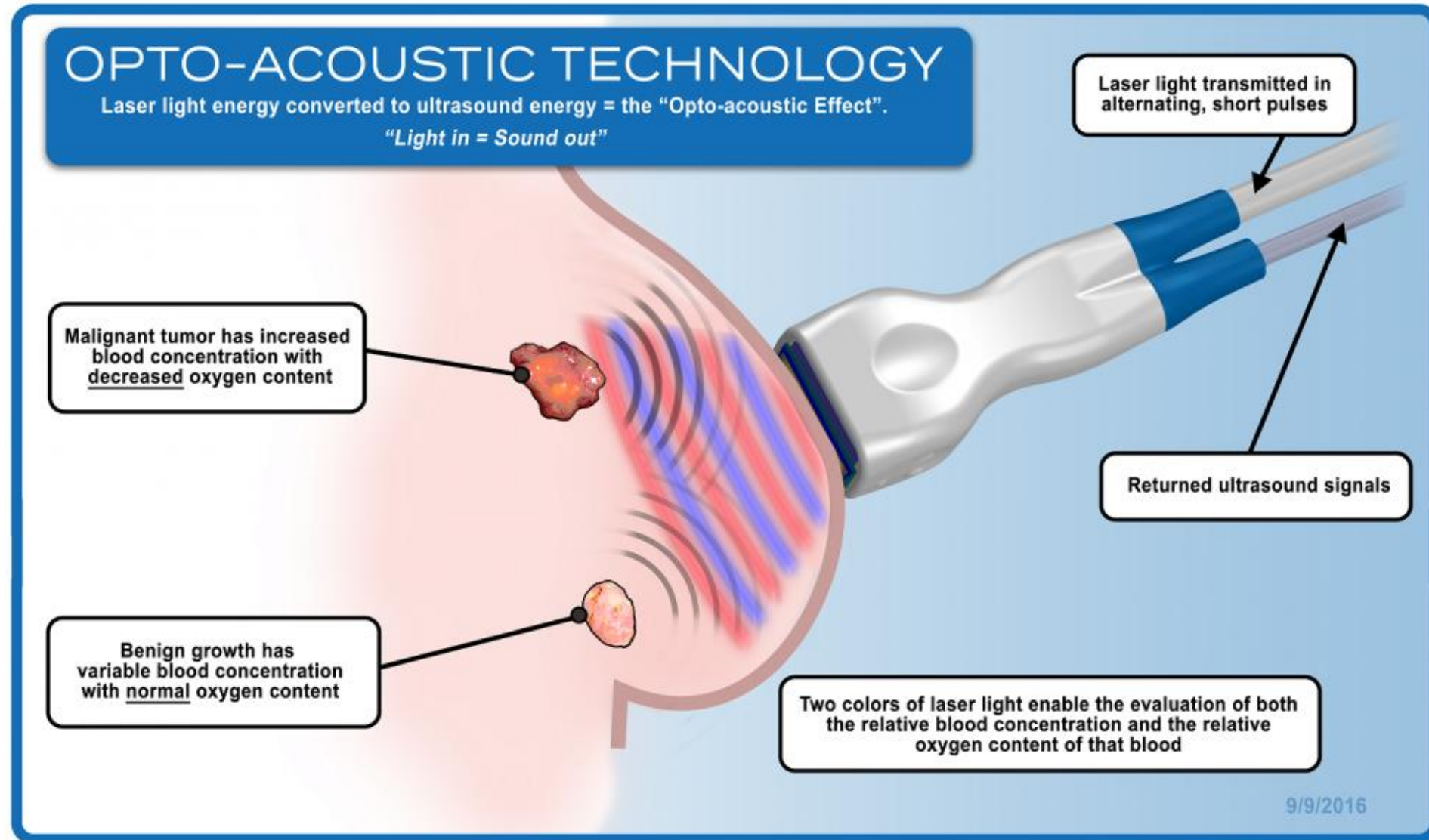
Benign



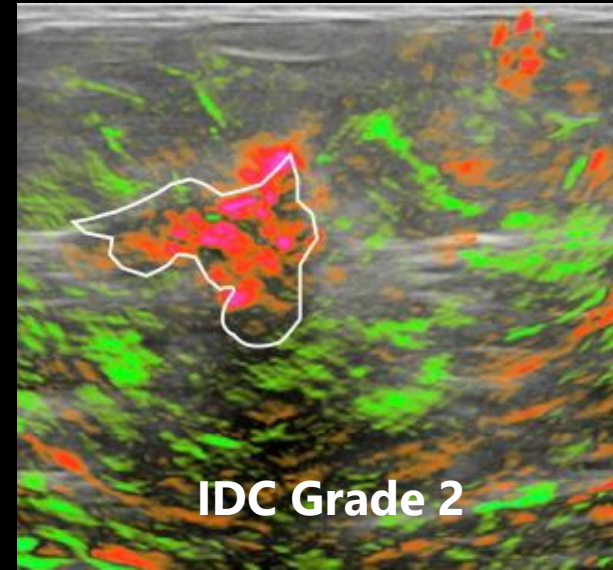
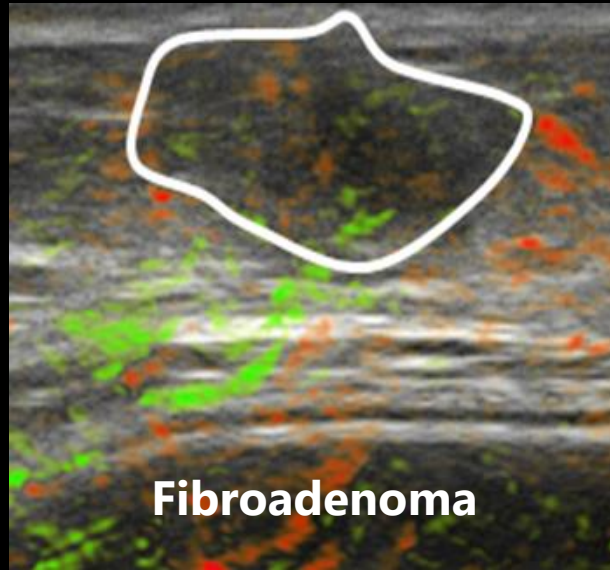
How does OA work?



How does OA work?



Optoacoustic Imaging



MAESTRO - Primary Objectives

- To assess OA/US's ability to correctly downgrade benign masses classified as BI-RADS 4a and 4b to BI-RADS 3 or 2.
- Sensitivity, specificity, PPV, NPV, positive likelihood ratio (PLR) and negative likelihood ratio (NLR) of CDU and OA/US.

Why BI-RADS 4a and 4b?

Category	Definition	Probability of Malignancy
0	Needs additional imaging evaluation	NA
1	Normal mammography – back to screening program	0%
2	Benign findings – back to screening program	0%
3	Probably benign – 6-month interval follow-up	≤ 2%
4	Suspicious abnormality – tissue diagnosis (biopsy)	<p>4a. Low POM (>2% to ≤ 10%)</p> <p>4b. Moderate POM (>10% to ≤ 50%)</p> <p>4c. High POM (> 50% to < 95%)</p>
5	Highly suggestive of malignancy – tissue diagnosis (biopsy)	≥ 95%
6	Known biopsy-proven malignancy	NA



Study Design

- **Prospective, multicenter, and observational study.**



- **Based on images obtained with OA/US, investigators estimated the probability of malignancy (POM) on a scale from 0% to 100% and, when appropriate, adjusted the BI-RADS classification.**



Study Design

- **Five OA features were scored (downgrade or upgrade the lesion classification).**
- **140 benign and 70 malignant masses were projected.**
- **Power > 80% (2% Type I error).**
- **Sensitivity and specificity for CDU and OA were calculated. PLR and NLR were also calculated.**



Results: BI-RADS classification of benign lesions according to CDU and OA (n=146)

OA BI-RADS	CDU BI-RADS	
	4a (N=119)	4b (N=27)
2	8 (6.7%)	0
3	49 (41.2%)	3 (11.1%)
4a	44 (37.0%)	3 (11.1%)
4b	18 (15.1%)	11 (40.7%)
4c	0	9 (33.3%)
5	0	1 (3.7%)
Downgrade CDU BI-RADs (4a, 4b) to OA BI-RADs (2, 3):		
Downgrade [n/N (%)]	60/146 (41.1%)	
96% CI	(32.7, 49.4)	
P-value [null hypothesis is ≤ 15%]	< 0.0001	



Results: BI-RADS classification of malignant lesions according to CDU and OA (n=67)

	CDU BI-RADS	
OA BI-RADS	4a (N=7)	4b (N=60)
2	1 (14.3%)	0
3	1 (14.3%)	1 (1.7%)
4a	4 (57.1%)	6 (10.0%)
4b	1 (14.3%)	21 (35.0%)
4c	0	30 (50.0%)
5	0	2 (3.3%)
Downgrade CDU BI-RADs (4a, 4b) to OA BI-RADs (2, 3):		
Downgrade [n/N (%)]	3/67 (4.5%)	
96% CI	(0.9, 13.0)	
p-value [null hypothesis is $\geq 10\%$]	0.0872	



Results

- CDU sensitivity = $\frac{TP}{TP+FN} = \frac{67}{67} = 100\%$
- CDU Specificity = $\frac{TN}{TN+FP} = \frac{0}{146} = 0\%$
- OA sensitivity = $\frac{TP}{TP+FN} = \frac{64}{67} = 95.5\%$
- OA Specificity = $\frac{TN}{TN+FP} = \frac{60}{146} = 41.1\%$
- OA without the estimator : PPV was 42.7% and NPV was 95.2%. PLR was 1.61 and **NLR was 0.11**



Discussion

- NLR of **0.11** - post-test probability lower than the pre-test probability.
- BI-RADS **3** (benign) has a very low POM ($\leq 2\%$).
- The POM of BI-RADS **4a** varies from $>2\%$ to $\leq 10\%$.
- A NLR of **0.11** shows that a pre-test probability at the upper end of a **4a lesion** ($\approx 10\%$) can be reduced to a post-test probability of **1.1%** by a negative OA examination, allowing the lesion to be **downgraded from BI-RADS 4a to 3**.



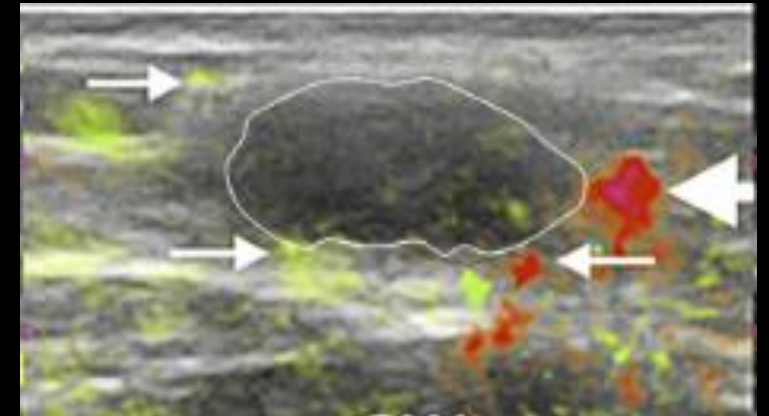
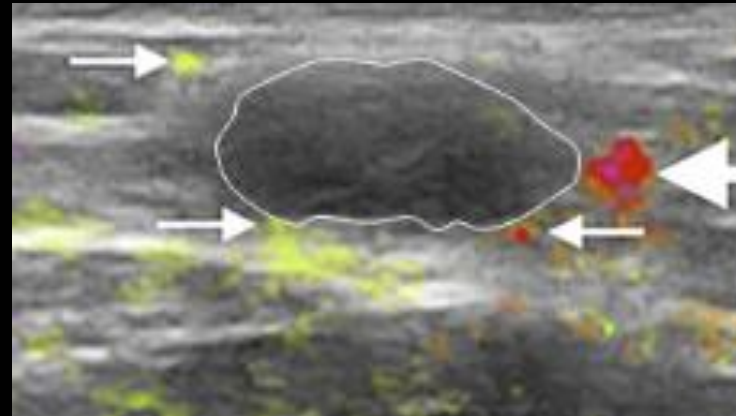
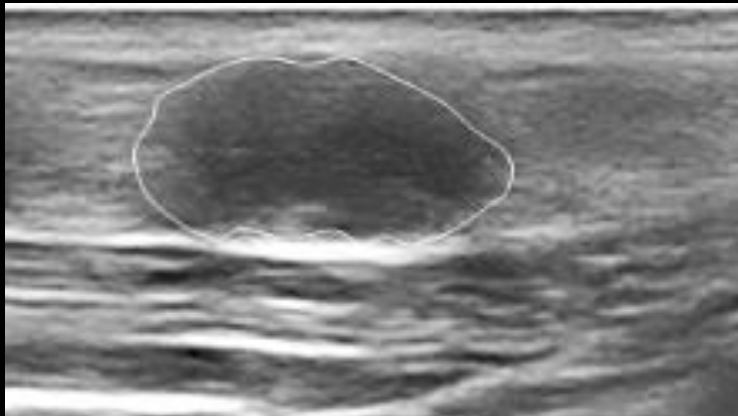
Discussion

- BI-RADS lexicon: Categories 1 or 2 are typically benign (virtually **0%** chance of malignancy).
- In 8 cases **benign** masses were downgraded from BI-RADS 4a to BI-RADS 2.
- The lower end of BI-RADS 4a range (\approx **2%**) can be reduced to a post-test probability of only **0.22%**.
- The PPV of category **4b** varies from from **>10% to \leq 50%**.
- Considering category **4b**, a mass with a pre-test probability of **15.6%** could be downgraded to **BI-RADS 3 (2 categories downgrade)**. However, lesions with a **higher** probability of malignancy cannot be downgraded without increasing the FN rates.



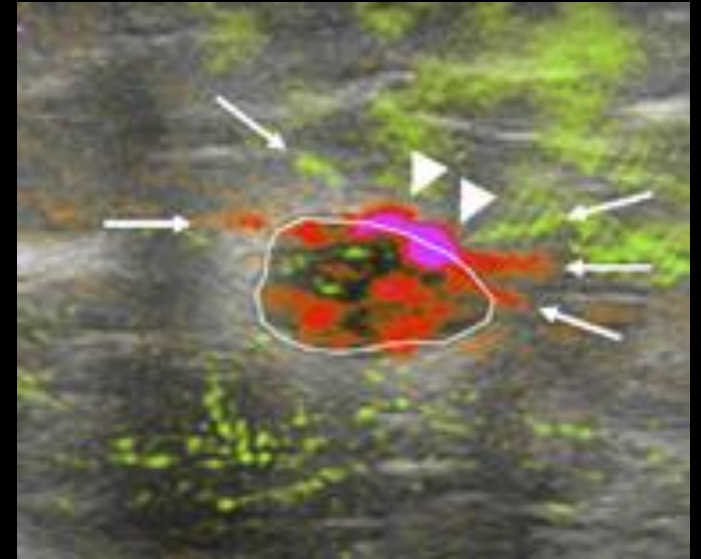
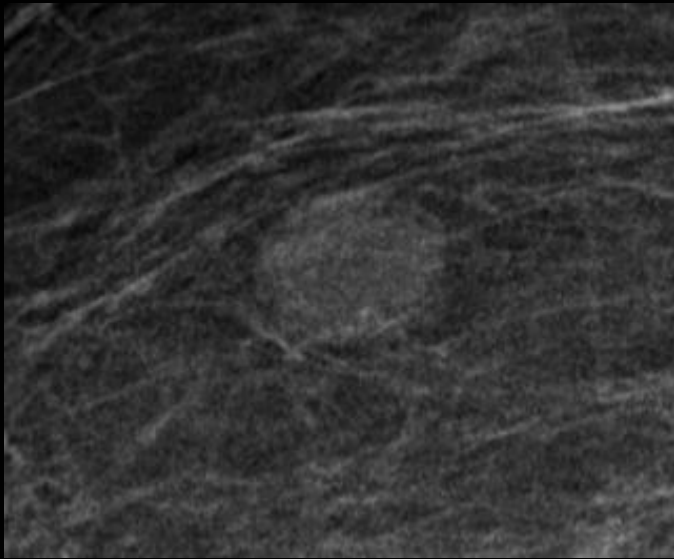
Conclusions

- **41.1%** of benign masses could be **downgraded** in BIRADS category using OA/US.



Conclusions

- **49.2%** of malignant masses could be **upgraded** with OA/US.



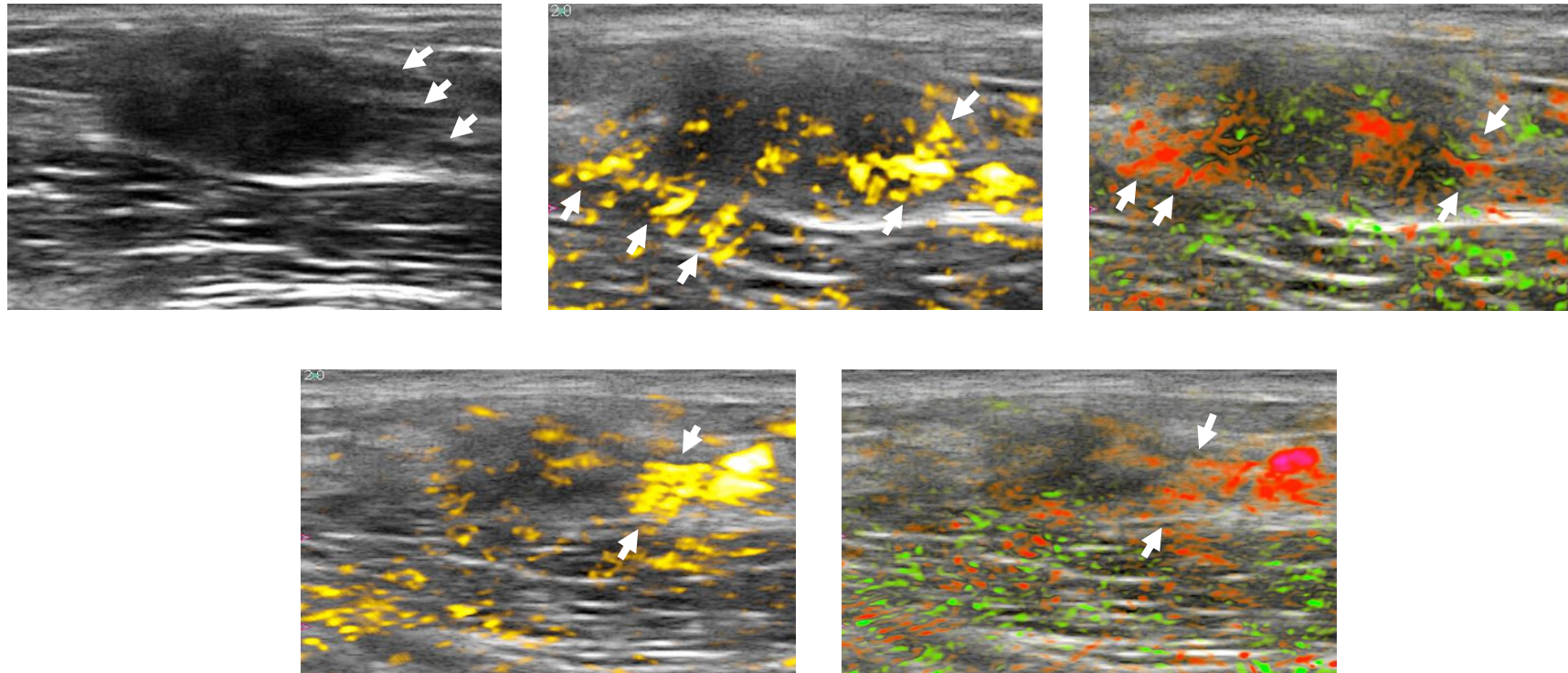
Conclusions - Implications for patient care

- **OA improves the distinction between benign and malignant masses compared to CDU alone.**
- **Benign masses classified as BI-RADS 4a can be downgraded to BI-RADS 3 or 2, potentially minimizing negative biopsies and short interval follow-up imaging exams.**
- **Potential to lower overall costs related to interventional procedures and short-interval follow-up imaging studies.**
- **Limitations: 3 false-negatives.**

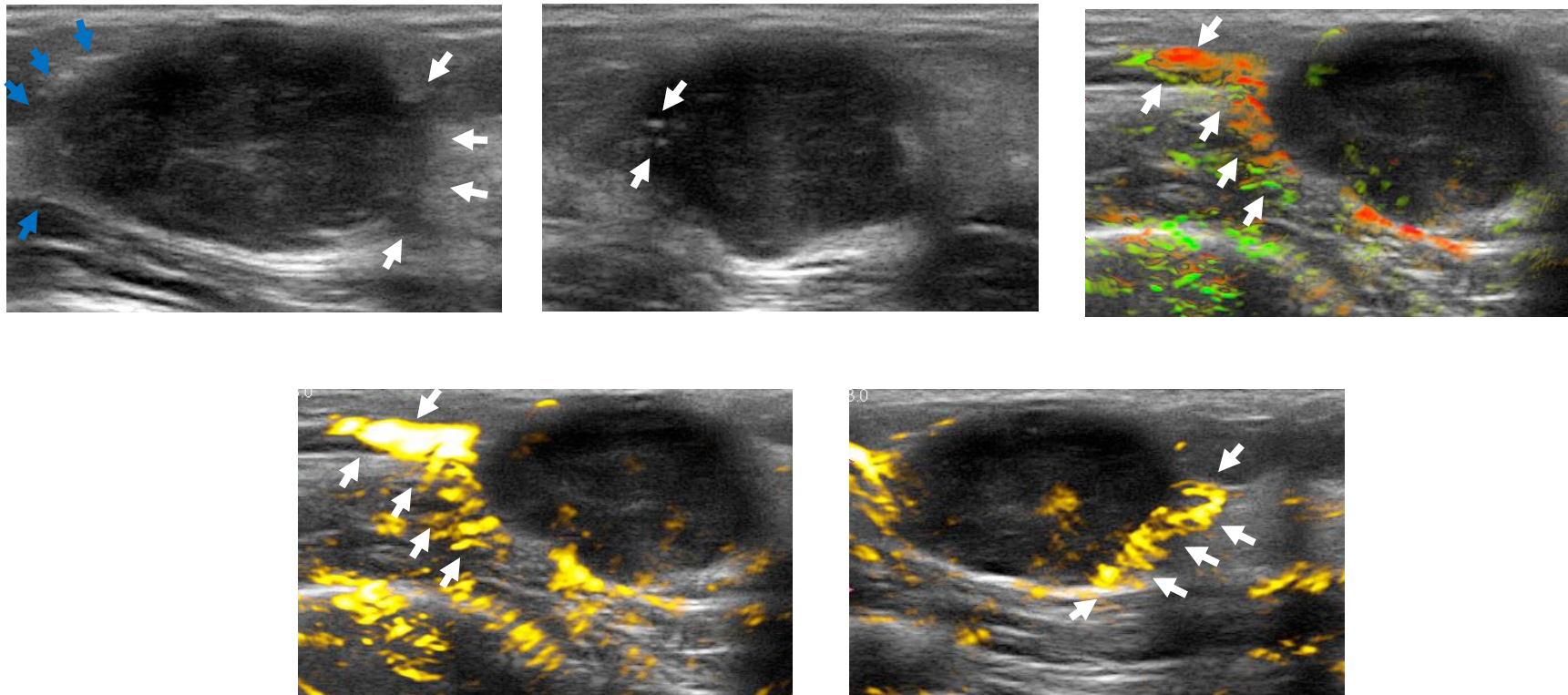




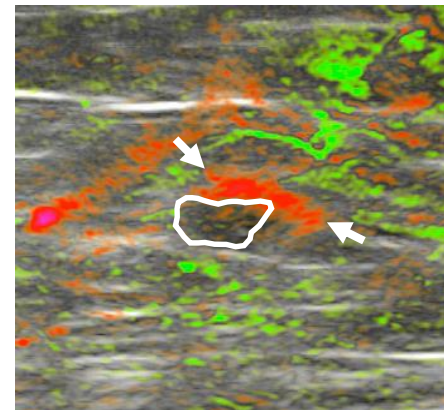
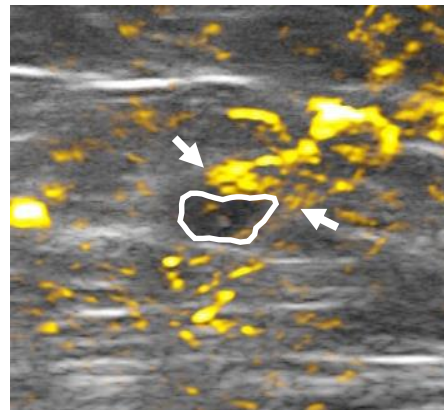
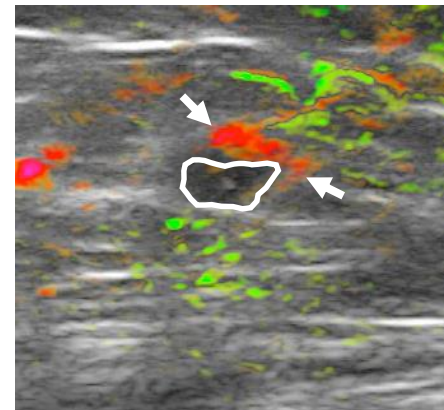
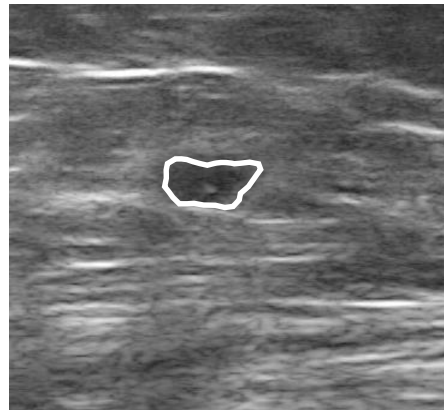
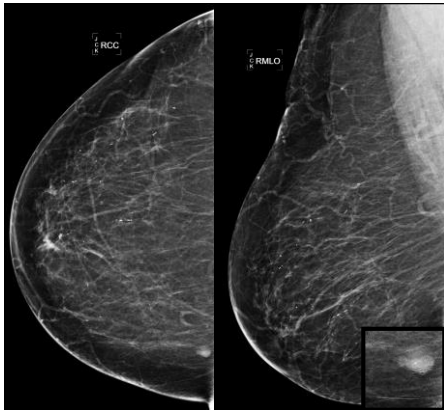
First false-negative mass: an IDC grade 1 which was downgraded from BI-RADS 4b to BI-RADS 2



Second false-negative mass: an IDC grade 3 which was downgraded from BI-RADS 4a to BI-RADS 2



Third false-negative mass: an ILC grade 2 (alveolar variant) which was downgraded from BI-RADS 4a to BI-RADS 3



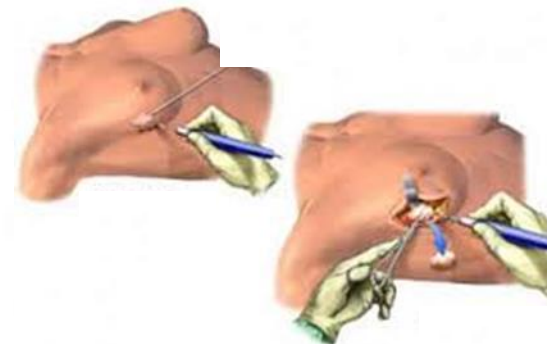
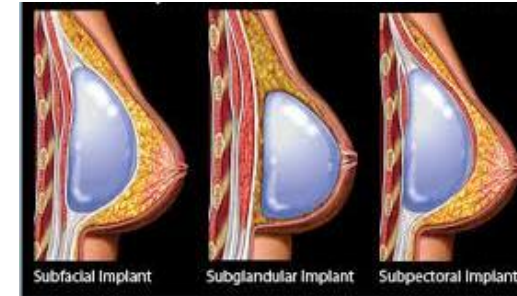
Inclusion Criteria

- Females \geq 18 years.
- Have a suspicious finding classified by CDU as BI-RADS 4a or 4b.
- Have received recommendation for an image-guided biopsy.



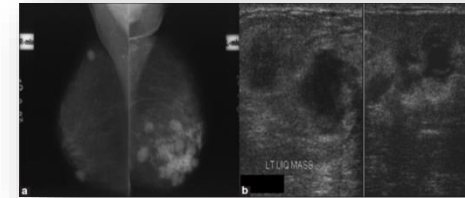
Exclusion Criteria

- Has a condition that could interfere with the intended field of view (breast implants or tattoos).
- Prior surgery within the same quadrant as the mass to be biopsied.
- Have had prior excisional biopsy within the vicinity of the suspicious mass within the past 18 months.



Exclusion Criteria

- More than 3 masses recommended for biopsy.
- Mass to be biopsied is greater than 3.0 cm in maximum diameter.
- Patient currently has mastitis.
- Patient is pregnant or lactating or planning to become pregnant during study participation.



Likelihood Ratios

- Likelihood ratios are important to assess the value of performing a diagnostic test.
- $PLR = \frac{\textit{sensitivity}}{1 - \textit{specificity}}$
- $NLR = \frac{1 - \textit{sensitivity}}{\textit{specificity}}$
- The larger the PLR, the greater the likelihood of disease; the smaller the NLR, the lesser the likelihood of disease.
- These rates are less likely to change with the prevalence of the disorder.
- To use this measure a nomogram (**estimators**) should be employed or pre-test probabilities should be converted into Odds.

